

BRIDPORT FOOD MATTERS

a community hub promoting access to nutritious food for all, forever.

We're CELEBRATING twenty years of the FOOD FESTIVAL by looking forward to the future.

Bridport Food Matters is a space to find out what's going on locally about food security and creating a local food system. It'll be a place to meet, a forum to hear and exchange ideas, to try things out, and to see how you can get involved in the local community food scene.

LET'S TALK FOOD

The yurt will be a stage to hear some inspiring stories from farmers, food producers and pioneering community food initiatives, followed by Q&A and discussions on:

How are local producers building food security?

11 am

Increasing Production and Climate resilience

Leila Simons will share some benefits and challenges of mixed organic farming at Tamarisk Farm in West Bexington, and Chloe Broadfield will talk about The Agro Ecological Way courses and why that is a good way of farming. Ellen Rignell of Winnow Farm will tell us about why they are saving seeds, why they choose certain varieties for different characteristics (particularly flavour), and 'seed sovereignty'. We'll also hear from George Streatfield, about diversifying their farming models and the shift to farming with nature. David Dixon, Bridport Town Council, will Chair the session.

How do we get good food on the table?

1pm

Changing Diets and Increasing Access and Affordability

David Markson will share insights from Food in Community, in Totnes, which has been improving access to nutritious organic food for more than a decade, bringing the community together to grow and glean, share and celebrate good food, and restore nature. Rachel Millson was inspired by the Incredible Edible and Right To Grow movements to set up the Edible Bridport project (formerly *We Dig No Dig*) which supports individuals and groups to grow food in open spaces around the town. Kate Michell, who is involved with several community food projects, will share the work of the Social Prescribing Team in supporting the link between food and good health. Caroline Walker will chair.

These sessions will link in to Bridport's Food Security Plan – authored by Ele Saltmarsh and Commissioned by the Town Council – which makes recommendations on what we can do on all these topics. <https://www.bridport-tc.gov.uk/climate-emergency-action-plan/> The Action Plan will be finalised soon.

In between these sessions we will be showing a film **What do people really think about food?** - on a loop, so you can watch at your leisure - part of [The Food Conversation](#) in which the Food and Farming Countryside Commission asked citizens to tell them what food means to them - how it shows up in their lives and the challenges they face.

CREATE YOUR OWN COMMUNITY FOOD HUB

What kind of a food hub do we want? You can build an imaginary Food Hub for Bridport with modules of rooms and equipment, a café and a kitchen, polytunnels, raised beds, food processing, and much more! Then record your result in a polaroid image with comments.

Fun for all the family to get involved. Made by Bridport-based set designer Holly Miller.

GROW OUR OWN

Come and talk to Edible Bridport about our plans and how community food growing will help address food insecurity. Discover health-giving properties of herbs and microgreens, how to make kimchi, and buy some locally-saved organic seeds and plants, and taste some scrumptious seasonal veggie dishes as well as teas.

You will find us to the left of the main entrance, near the Young Cooks marquee.